

Newborn Tips:

- 12 weeks, T-100.4 to ED
- NO IBUPROFEN < 6 m/o
- ALWAYS document time of last wet diaper
- Newborns get sick fast.
- Ask open ended questions
- Focus on symptoms
- Record Duration
- Ask exp. TT nurse for help if unsure

Pediatric Tips:

- Kids don't play when they are sick, they whine or sleep.
- DON'T CHOOSE FEVER PROTOCOL ONLY, think about what symptoms are causing the fever
- Always verify dosage, their weight changes.
- If parent is uneasy with homecare advice, trust their gut and discuss with another RN.



Asthma calls:

- ABC first before demographics- establish airway, pink lips, and nail beds FIRST!
- Verify wheezing (high pitched whistle) or noisy upper airway breathing (stuffy nose)
- Listen to breath sounds and document what you hear.
- IF previously on Bronchodilators, use the ASTHMA protocol
- If disposition is clearly ER, do not complete the assessment! SEND TO ED!

Cardiac tips:

- Chest pain calls should be VERY SHORT- Don't waste time asking PMH.
- Say it slow and clear- CALL 911 NOW! Make sure the patient understands your instructions.
- ANY pain between the neck and naval is Chest pain until proven otherwise.
- Postictal seizure, hypoglycemia and ETOH intoxication can all present similar to MI

Diabetes Tips:

- **Hyperglycemia: “Hot and dry sugar high”**- frequent urination; increased thirst. blurred vision; fatigue; headache

- **Hypoglycemia- “Cold and Clammy- Needs some candy”**- shakiness, weakness, not thinking clearly, headache, trembling, sweating, dizziness, palpitations, and hunger

- An overdose of diabetes medication (oral or insulin) can be a medical emergency - rule out 911 first before asking PMH quesitons.

-EVERYTHING can affect blood sugars (ex. Prednisone, good stress/bad stress, exercise, missing meals, illness, alcohol)

-DKA can resemble ETOH or drug impairment (don't assume!)- Fruity odor to breath, SOB, weakness, slurred speech, confusion



Abnormal V.S

<2 Mths	>60
2-12 mth	>50
1-5	>40
6-12	>30
12+	>20

Blood Pressure

	Systolic	Diastolic
Newborn	60-90	20-60
Infant (6 mos)	87-105	53-66
Toddler (2 years)	95-105	53-66
3-7 yrs	97- 110	57-71
8-15 yrs	112-128	66-68

Heart Rate

0-1 yr	100-600
1 year	80-160
2 years	80-130
3 years	80-120
4-5 years	80-120
6 years	75-115
7 years-Adol	70-110
Adol	50-110