

- > MVA- refer to ER or call MD for 2nd level triage.
- > There is no safe level of ETOH while pregnant- there is no safe level of alcohol intake
- > The classic triad of symptoms of pre-eclampsia are hypertension, edema, and proteinuria, common pre-eclampsia symptoms: headache, dizziness, blurry vision, visual disturbances (spots before the eyes)
- > Eclampsia is the occurrence of seizures that aren't caused by a cerebral disorder in a patient who has pregnancy included hypertension. Medical Emergency
- > Post Partum period is delivery to 6 weeks. Use the Post Partum protocols. BE AWARE OF POST PARTUM DEPRESSION/MOOD ISSUES (THIS IS A BIG CONCERN!)

## OB/Pregnancy



- >ANY female between the ages of 12-50 you should ask LMP or the possibility of pregnancy (Do Not Assume!)
- >NO Ibuprofen for pregnant women. We do not recommend any medications except what is in the Pregnancy guidelines
- >ASK: ABCDEF {A-Amniotic Fluid Leakage or gush, B-Bleeding or spotting vaginally, C-Constrictions (painful, pelvic pressure or tightness in abdomen), D-Dysuria, E-Edema, F-Fetal Movement ( after 20-21 weeks)}
- >Documentation should include:
  - Get a Health History on Each Patient
  - Gravida: Para:
  - EDC:
  - Any complications with pregnancy
  - Pertinent Negatives (ABCDEF - see above)

- 20 weeks will go to L&D
- < 20 weeks or Non-OB related issues they will usually go to ED
- (It is MD final decision)